

Select Extras

1 MAY 2023



Territory Health Fund is a registered business name of Queensland Country Health Fund Ltd ABN 18 085 048 237

Extras cover

Select Extras provides attractive benefits for an exclusive selection of our most regularly used health services. Ideally suited to singles and couples looking for great value benefits, but not wishing to pay for services they may not use, which keeps premiums affordable!

Dental				BENEFIT LIMITS	
SERVICES COVERED AND EXAMPLE ITEMS	WAITING PERIODS	BENEFIT AMOUNTS	SUB-LIMITS		
Diagnostic			\$400 per person up to \$800 per policy per Membership Year for General Dental	Overall benefit limit for all services (inclusive of dental, optical, therapies, pharmaceutical and Healthy Living) \$2,200 per person up to \$4,400 per policy per Membership Year (sub-limits apply)	
Periodic oral exam (012)	2 months	\$40			
Preventative					
Scale and clean (114)	2 months	\$67			
Fluoride application (121)		\$18			
Restorative			\$600 per person up to \$1,200 per policy per Membership Year for Major Dental		
Filling/restoration (531)	2 months	\$72			
Extractions					
Tooth extraction - surgical (322)	12 months	\$126			
Crowns & bridges					
Full crown veneered (615)	12 months	\$560			
Endodontic					
Root canal (417)	12 months	\$119			
Peridontics					
Specialised gum treatments	12 months				
Optical					
We have negotiated agreements with a large number of optical providers across Australia. When you visit one of our preferred optical providers you will receive substantial discounts on frames, lenses and contact lenses.					
Visit our website for a full list of our Premier Providers.					
Frames (110)	2 months	\$245 per person up to \$490 per policy per Membership Year for all optical items			
Single vision lenses (212)					
Progressive lenses (512)					
Contact lenses (812)					

Therapies				BENEFIT LIMITS
SERVICE OR CONSULTATION TYPE	WAITING PERIODS	BENEFIT AMOUNTS	SUB-LIMITS	
Physiotherapy				Overall benefit limit for all services (inclusive of dental, optical, therapies, pharmaceutical and Healthy Living)
Initial visit	2 months	\$44	\$500 per person up to \$1,000 per policy per Membership Year	
Subsequent visit		\$37		
Group therapy		\$8 (\$200 sub-limit applies)		
Chiropractic				
Initial visit	2 months	\$44	\$500 per person up to \$1,000 per policy per Membership Year	
Subsequent visit		\$28		
Remedial massage* and myotherapy*				
Initial & subsequent visit	2 months	\$33		
Podiatry				
Initial & subsequent visit	2 months	\$32	\$400 per person up to \$800 per policy per Membership Year	
Approved appliances (orthotics)		Up to limits		
Minor procedures		Up to limits		
Other Extras				
SERVICE OR CONSULTATION TYPE	WAITING PERIODS	BENEFIT AMOUNTS	OVERALL BENEFIT LIMIT <i>Per person, per Membership Year for all therapy services</i>	\$2,200 per person up to \$4,400 per policy per Membership Year
Pharmaceutical^				
	2 months	Up to \$55 per script	\$400 per person up to \$800 per policy per Membership Year	(sub-limits apply)
Healthy Living				
ELIGIBLE SERVICES	2 months	\$125 per person up to \$250 per policy per Membership Year		
<div><div>✓</div><div>Participate in a choice of approved weight management programs^^</div></div> <div><div>✓</div><div>Participate in other approved health management programs* including:<div><div>○</div>Gym membership</div><div><div>○</div>Personal training programs</div><div><div>○</div>Aquatic exercise/rehabilitation including pool entry and exercise classes (excludes swim classes/lessons)</div></div></div> <div><div>✓</div><div>Participate in quit smoking programs</div></div> <div><div>✓</div><div>Have your skin checked for skin cancers (except where there is a Medicare benefit)</div></div>	<div><div>✓</div><div>Supermarket tours conducted by a dietitian or other allied health professional qualified to provide nutrition advice</div></div> <div><div>✓</div><div>Consultation fees for diabetes educator</div></div> <div><div>✓</div><div>Consultation fees for metabolic dietitian and nutritionists when providing assistance with weight management</div></div> <div><div>✓</div><div>Bowel screening test and Bone Density Test (no doctor's referral required)</div></div> <div><div>✓</div><div>Prostate-Specific Antigen test (one per year) - we will cover a second yearly test not covered by Medicare</div></div>			

* Benefits are payable for services rendered by Australian Regional Health Group Limited approved providers registered with Territory Health Fund.

^ Prescriptions not covered by the PBS, excluding contraceptives and items normally available without prescription and drugs not approved for sale in Australia. A co-payment applies to each prescription item equal to the current PBS Patient Contribution.

** Before enrolling in a weight management program please contact the Fund to clarify the eligibility to benefits.

If you've had a busy claiming year; visits to the dentist, podiatrist, regular massages, you may be curious about what benefits you have used and what you have left to claim. You can always check your membership online with our Mobile App, available for Apple iOS and Android. It's a great way to keep track of all your claims and view benefit limits from the comfort of your own home. You can also process your own claims online for some services and do quotes. To utilise our Mobile App you just need to register and log on. Of course, not everyone is tech savvy, so we are here on the phones to assist you any way that we can.

Need more info?

CALL: 1800 623 893 VISIT: territoryhealth.com.au EMAIL: info@territoryhealth.com.au